

Black Garlic Tonkotsu Ramen	Ingredients	Measurements	Calories (kcal)
	Pork Belly (Slice)	50g	121.00
	Peeled Garlic	3g	3.00
	Garlic Oil	9g	74.25
	Fried Onions	4g	10.00
	Tonkotsu Soya	14ml	7.98
	Tonkotsu Broth	300ml	678.00
	Noodles and Toppings	1 Unit	250.35
	Total Calorie	1,144.58	

Chicken Ramen	Ingredients	Measurements	Calories (kcal)
	Chicken Karaage	200g	600.00
	Chicken Paste	62g	38.00
	Vegan Broth	300ml	8.70
	Noodles and Toppings	1 Unit	250.35
	Total Calorie	897.00	

Halal Steak Tataki	Ingredients	Measurements (g)	Calories (kcal)
	Halal Beef	50.00	87.00
	Tataki Paste	35.00	169.05
	Coconut milk	10.00	70.00
	Veg Broth	300.00	8.70
	Noodles and Toppings	1 Unit	250.35
	Total Calorie	585.10	

Hell Ramen	Ingredients	Measurements	Calories (kcal)
	Pork Belly Sliced	50g	121.00
	Chilli Oil	5g	41.25
	Hell Sauce	50g	113.50
	Tonkotsu Broth	300ml	678.00
	Noodles and Toppings	1 Unit	250.35
	Total Calorie	1,204.10	

Miso Ramen	Ingredients	Measurements	Calories (kcal)
	Marinated Tofu	57g	46.17
	Spicy Miso	40g	71.20
	Vegan Broth	300ml	8.70
	Noodles and Toppings	1 Unit	250.35
	Total Calorie	376.42	

Salmon Ramen	Ingredients	Measurements	Calories (kcal)
	Salmon Fillet	40g	83.20
	Spicy Miso	40g	71.20
	Salmon Oil	13g	107.25
	Vegan Broth	300ml	8.70
	Noodles and Toppings	1 Unit	250.35
	Total Calorie	520.70	

Seafood Hell Ramen	Ingredients	Measurements	Calories (kcal)
	Peeled Prawns	20g	10.30
	Salmon Fillet	55g	114.40
	Squid	20g	41.40
	Chilli Oil	15g	123.75
	Hell Sauce	30g	68.10
	Vegan Broth	300ml	8.70
	Noodles and Toppings	1 Unit	250.35
	Total Calorie	616.70	

Steak Tataki Ramen	Ingredients	Measurements	Calories (kcal)
	Rump Steak (Salt and Pepper)	70g	121.80
	Coconut Milk	15g	19.50
	Beef Tataki Sauce	35g	22.75
	Tonkotsu Broth	150ml	339.00
	Vegan Broth	150ml	4.35
	Noodles and Toppings	1 Unit	250.35
	Total Calorie	757.75	

Tantan Ramen	Ingredients	Measurements	Calories (kcal)
	Pork Belly Cooked (Diced)	155g	375.10
	Sesame Seed - White	1g	6.19
	Sesame Seed - Black	1g	6.19
	Ramen Noodles	1 Unit	250.35
	LGM Preserved Black Beans with Chilli	30g	27.90
	Tantan Sauce	54g	113.76
	Cucumber (by Items)	0.15 Item	1.71
	Pak Choi (by Items)	0.2 Item	0.92
	Spring Onion (by Grams)	4g	1.52
	Tonkotsu Broth	150ml	339.00
	Vegan Broth	150ml	4.35
	Marinated Eggs	0.5 Item	19.58
	Total Calorie	1,146.57	

Tonkotsu Ramen	Ingredients	Measurements	Calories (kcal)
	Pork Belly Cooked (Sliced)	50g	121.00
	Tonkotsu Soya	14ml	7.98
	Tonkotsu Broth	300ml	678.00
	Noodles and Toppings	1 Unit	250.35
	Total Calorie	1,057.33	

Vegan Black Garlic Tonkotsu Ramen	Ingredients	Measurements	Calories (kcal)
	Kikkoman Soy Sauce	14ml	10.64
	Garlic Oil	9g	74.25
	Fried Onions	3g	7.50
	(Vegan) Tonkotsu Ramen Soup	6g	8.10
	Peeled Garlic (One Bag = 1000g)	3g	3.00
	Vegan Bacon	36g	23.76
	Vegan Broth	300ml	8.70
	Vegan Noodles and Toppings	1 Unit	213.00
	Total Calorie	349.95	

Vegan Hell Ramen	Ingredients	Measurements	Calories (kcal)
	Chilli Oil	5g	41.25
	Hell Sauce	50g	113.50
	(Vegan) Tonkotsu Ramen Soup	6g	8.10
	Vegan Bacon	36g	23.76
	Vegan Broth	300ml	8.70
	Vegan Noodles and Toppings	1 Unit	213.00
	Total Calorie	408.31	

Vegan Miso Ramen	Ingredients	Measurements	Calories (kcal)
	Marinated Tofu	57g	46.17
	Spicy Miso	40g	71.20
	(Vegan) Tonkotsu Ramen Soup	6g	8.10
	Vegan Broth	300ml	8.70
	Vegan Noodles and Toppings	1 Unit	213.00
	Total Calorie	347.17	

Vegan Tantan Ramen	Ingredients	Measurements	Calories (kcal)
	Cucumber (by Items)	0.15 Item	1.71
	Pak Choi (by Items)	0.2 Item	0.92
	Spring Onion (by Grams)	4g	1.52
	Ramen Noodles	1 Unit	250.35
	LGM Preserved Black Beans with Chilli	30g	27.90
	Tantan Sauce	55g	115.70
	(Vegan) Tonkotsu Ramen Soup	6g	8.10
	Vegan Bacon	300ml	213.00
	Vegan Broth	1 Item	8.70
	Total Calorie	627.90	

Vegan Tonkotsu Ramen	Ingredients	Measurements	Calories (kcal)
	Kikkoman Soy Sauce	14ml	10.64
	(Vegan) Tonkotsu Ramen Soup	6g	8.10
	Vegan Bacon	36g	23.76
	Vegan Broth	300ml	8.70
	Vegan Noodles and Toppings	1 Unit	213.00
	Total Calorie	264.20	

